




## *Bachelor Studies in Social Work in Vaasa, Finland*

### *Novia University of Applied Sciences & Vaasa University of Applied Sciences*

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During the spring semester of 2019 Novia University of Applied Sciences and Vaasa University of Applied Sciences (VAMK) in Vaasa, Finland, will jointly offer bachelor level courses in social work. The language of tuition is English and the courses are aimed at both degree students and incoming exchange students in the field of health care and social services.

We offer this educational module to present some specific areas within social work but also take a look at different welfare models and civilian crisis management from an international point of view. The students get to enjoy the diverse contents of the courses and have the opportunity to work together in a challenging way with students from different cultural backgrounds.

-  *ECTS Credits:* 19
-  *Time period:* Preliminary February-May 2019. Beginning of spring semester January 7, 2019.
-  *Courses (changes are possible):*
  - Civilian Crises Management and Capacity Building, 5 ECTS, Novia*
  - Leadership in a Multicultural Society, 3 ECTS, Novia*
  - Mental Health Care, 3 ECTS, VAMK*
  - Welfare Models in International Perspective, 5 ECTS, VAMK*
  - Working with Alcohol and Drug Related Problems, 3 ECTS, Novia*

- 📌 *Combinations:* To gain additional ECTS credits, studies such as language courses, other optional courses and excursions are available. Additional courses usually start already in the beginning of January.
- 📌 Target group: open-minded students in the field of social work and health care, at bachelor level, in the second or third year of study.
- 📌 Teaching will be conducted as lectures, group discussions and group work, assignments, literature studies, study visits.
- 📌 Application deadline: November 15, 2018. Please follow the application procedure of Novia or VAMK respectively.

*More information:*

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## COURSE DESCRIPTIONS:

### *CIVILIAN CRISIS MANAGEMENT AND CAPACITY BUILDING (5 ECTS); course host Novia*

<b>Objectives of Course</b>	The student gains knowledge and understanding for what is meant by Civilian Crisis Management and Capacity Building, insight of what kind of demands there are on those working in post-conflict areas, knowledge and skills on how to take care of personal safety and health in tropical areas and in difficult and dangerous areas, understanding of the relation between personal and state security, skills of non-violent communication, insight of the role of company employers in capacity building, understanding of culture shock during and after secondment, insight of the Cultural differences when working in a new and difficult environment.
<b>Course Contents</b>	Policy of Civilian Crisis Management and Capacity building. Demands on people working in post-conflict areas. Prevention of tropical diseases, personal security measures. Knowledge of danger in areas with mines. Personal security and state security. Non-violent communication, culture shocks and cultural understanding.
<b>Teaching Methods</b>	Lectures, literature studies, group discussions, exercises and role plays
<b>Evaluation Method</b>	Written Examination

### *LEADERSHIP IN A MULTICULTURAL SOCIETY (3 ECTS); course host Novia*

<b>Objectives of Course</b>	The students gain profound insights into the leadership of organizations that work in an international and a multicultural environment. Students get familiar with diversity management in working life, including ethnicity, gender and age, in particular. Students also gain insights into the importance of leadership for the increase of motivation, conflict resolution and stress management at work, as well as an increased knowledge of conducting evaluation processes in working life.
<b>Teaching methods</b>	Lectures, group discussions, literature studies, exercises
<b>Evaluation method</b>	TBA

**MENTAL HEALTH CARE (3 ECTS); course host VAMK**

<b>Objectives of Course</b>	The student recognizes factors affecting mental health in different periods of life. The student is aware of central mental disturbances and traumatic crises and is familiar with different treatments and working methods used in mental health work. The student gets acquainted with the relevant legislation.
<b>Course Contents</b>	Basis of mental health and promoting it. Applicable service system and the central norms guiding mental health work. Mental illness and common mental disturbances. Traumatic crisis as a process and working methods in crisis situations.
<b>Teaching Methods</b>	Lectures, discussions, study visit, group work
<b>Evaluation Method</b>	Participation in lectures and study visit, passing the group work and other assignments

**WELFARE MODELS IN INTERNATIONAL PERSPECTIVE (5 ECTS); course host VAMK**

<b>Objectives of Course</b>	The student gains knowledge and understanding of different welfare models, the difference of their structures and basic ideology. The student gets familiar with Finnish society and the cultural character and its relation to the Nordic welfare system.
<b>Course Contents</b>	Welfare models in a global perspective. Factors that affect the design of our welfare policy. The Nordic and the Finnish welfare models seen from a global perspective. Problems, challenges and visions for the welfare policy in the future.
<b>Teaching Methods</b>	Lectures, group discussions, literature studies, exercises
<b>Evaluation Method</b>	TBA

**WORKING WITH ALCOHOL AND DRUG RELATED PROBLEMS (3 ECTS); course host Novia**

<b>Objectives of Course</b>	The student is familiar with what is meant by addiction and understands the consequences of alcohol and drug abuse both on the individual and society level. The student knows the principles for Nordic alcohol policy and its preventive mechanisms. The student gets familiar with the most common rehabilitation programs used in Finland and Nordic countries and is familiar with the methods of intervention.
<b>Course Contents</b>	Definitions of addiction and the most common drugs. Social, health and financial damages caused by alcohol and drugs. The central context in Finnish legislation concerning addiction. Supervision of the legislation, responsibility of individuals and society. How to prevent and rehabilitate people with alcohol and drug problems. Professional working skills when dealing with different categories of addicts. What works? Good to know when tailoring a rehabilitation program.
<b>Teaching Methods</b>	Lectures, group discussions, literature studies, exercises
<b>Evaluation Method</b>	Project assignment