

Infectious Diseases Monitoring Unit

Information forms for exchange students concerning need for vaccinations, a tuberculosis risk assessment and MRSA risk assessment

Please provide the information about your vaccination status, tuberculosis risk and MRSA risk on the forms provided. You can check your vaccination details from your vaccination card or the health centre of the municipality where you last studied or lived.

Please complete and sign these forms as soon as possible after your placement has been confirmed, and send them by post to:

Infectious Diseases Monitoring Unit
Tartuntatautien valvonta
Luolavuorentie 2, 2nd floor, building number 1C
20700 Turku
Finland

Please fill in all fields on the forms clearly and accurately.

Last name: _____
First name: _____
Phone number: _____
Email: _____
Date of birth: ___/___ _____
Place of birth: _____
Sex: _____
Nationality: _____
School where you are studying in Finland: _____
Education / Future profession: _____

Infectious Diseases Monitoring Unit

Vaccinations required for incoming exchange students

The Communicable Diseases Act (1227/2016, section 48) obligates students attending clinical internship in social welfare or healthcare services to have full vaccination coverage against measles and chickenpox, provided by either vaccination or having had the illness. It also obligates students attending clinical internship in social welfare or healthcare services to have protection against influenza provided by vaccination. In addition, vaccination is required to protect against the effects of reception and pertussis in infants.

In addition to the vaccinations mentioned above, it is important that the student also has valid vaccinations against mumps, rubella and tetanus.

Vaccination Information

Please fill the forms starting on page 2 in clear handwriting. Check your vaccination status. You can check your vaccination details from your vaccination card or the health centre of the municipality where you last studied.

Vaccinations are required for all students doing any clinical internships in Finland.

Last name: _____
First name: _____
Phone number: _____
Email: _____
Date of birth: ___/___ ____
Place of birth: _____
Sex: _____
Nationality: _____
School where you are studying in Finland: _____
Education / Future profession: _____

Infectious Diseases Monitoring Unit

1. Tetanus, Diphtheria and Pertussis (whooping cough) vaccinations

If you are scheduled to undergo practical training or start a job where you care for infants (aged under 1), you must be protected against pertussis. The pertussis vaccination is given at child welfare clinics as part of the national vaccination, but does not provide lifelong protection.

Vaccination against pertussis must have been given less than five years ago.

	Yes	No	Date when the vaccination was given
Tetanus + Diphtheria (dT)			___/___ ____
Tetanus + Diphtheria + Pertussis (dtap)			___/___ ____

These vaccinations can also be given separately:

	Yes	No	Date when the vaccination was given
Tetanus			___/___ ____
Diphtheria			___/___ ____
Pertussis			___/___ ____

2. MMR combination vaccination (measles-mumps-rubella)

= MPR combination vaccination (morbilli-parotitis-rubella)

	Yes	No	Dates when the vaccinations were given
MMR, two vaccinations needed			1. ___/___ ____ 2. ___/___ ____

3. Varicella = Chicken pox

	Yes	No	Date when the vaccination was given
Have you had chicken pox?			
Have you been vaccinated against chicken pox?			___/___ ____

Infectious Diseases Monitoring Unit

4. Hepatitis B

 Hepatitis B can be given separately or **alternatively** as a part of A+B hepatitis combination vaccine

	Yes	No	Dates when the vaccinations were given
Hepatitis B (minimum of three vaccinations)			1. ___/___ ___ 2. ___/___ ___ 3. ___/___ ___
OR ALTERNATIVELY			
Hepatitis A + B (minimum of three vaccinations)			1. ___/___ ___ 2. ___/___ ___ 3. ___/___ ___

5. Polio

Polio booster vaccine should be given if more than 12 months have passed since the previous vaccination and the student comes to Finland having been in a high-risk country for more than four weeks.

 A list of high-risk polio countries can be found here: <https://www.terveyskirjasto.fi/mat00226>

	Yes	No	Dates when the vaccinations were given
Polio vaccines			1. ___/___ ___ 2. ___/___ ___ 3. ___/___ ___ 4. ___/___ ___

Infectious Diseases Monitoring Unit

6. COVID-19 Vaccinations

Exchange students must have valid COVID-19 vaccinations when starting their internship in Finland.

	Yes	No	Names and dates when the vaccinations were given
COVID-19 vaccines			1. ___/___ ___ 2. ___/___ ___ 3. ___/___ ___

7. Influenza vaccine

According to The Communicable Diseases Act (1227/2016, section 48) students attending their internships in hospitals, health stations or in long-term care facilities for the elderly must have protection against influenza provided by vaccination. Vaccination protection is required when working in the immediate vicinity of a patient or client. **This only applies to students whose internship is between November and February.**

	Yes	No	Date when the vaccination was given
Influenza vaccine			1. ___/___ 20__

Signature (student): _____

Name in block letters: _____

Date: ___ / ___ 20___ Place: _____

Infectious Diseases Monitoring Unit

Screening for tuberculosis; social and health care students, kindergarten teacher students, students of logopaedics

Section 55 of the Infectious Diseases Act requires employers to request, in certain situations and to protect their patients or clients, that social or health care students starting practical training at a social services or healthcare unit or those who are starting practical training to care for pre-school aged children, undergo a reliable assessment to ensure that the students do not have pulmonary tuberculosis. This assessment is extremely important as a student with pulmonary tuberculosis may pass on the infection to patient or clients being treated, whose immunity is often impaired. The assessment includes an interview and, if necessary, a chest X-ray.

Last name: _____	
First name: _____	
Date of birth: ___ / ___ ___	Sex: _____
Nationality: _____	

Please answer the questions on page 7 to find out whether a tuberculosis assessment is required.

If you answer YES even once, you must undergo an assessment (Thorax X-ray) to rule out tuberculosis before you start your practical training with social services or a healthcare unit or start caring for children under school age. If you need the thorax X-Ray, please fill in the X-ray form on page 8.

Contact your FSHS unit. Please note, the assessment is not required if less than 2 years have passed since your previous assessment and you have not been re-exposed to tuberculosis.

If you answer NO to all questions, a tuberculosis assessment is not required.

Infectious Diseases Monitoring Unit

A list of all countries with a very high or high risk of tuberculosis is available here:

https://thl.fi/documents/533963/1449651/TB_maalista_23.10.2018.pdf/f8db53b4-8f14-44bf-97ce-7c485170a314

Tuberculosis	Yes	No
Were you born in a country with a very high incidence of tuberculosis? ($\geq 150/100,000$ cases annually)		
Have you lived at least 12 months in a country with a very high incidence of tuberculosis ($\geq 150/100,000$ cases annually)? If your working duties will involve caring for newborn infants, the assessment is required if you have lived in a country in which the incidence of tuberculosis is $\geq 50/100,000$.		
Have you worked in healthcare for at least 3 months in a country with a very high incidence of tuberculosis? ($\geq 150/100,000$ cases annually) If your working duties will involve caring for newborn infants, the assessment is required if you have worked in healthcare for at least 3 months in a country in which the incidence of tuberculosis is $\geq 50/100,000$.		
Have you been involved in the care of a patient with lung tuberculosis without appropriate protection?		
Have you been in close contact with a person with contagious lung tuberculosis without appropriate protection?		

Signature (student): _____

Name in block letters: _____

Date: ____ / ____ 20____ Place: _____

Infectious Diseases Monitoring Unit

Health statement by physician: THORAX X-RAY

Foreign degree and exchange students / Turku University of Applied Sciences / University of Turku

Last name: _____	
First name: _____	
Date of birth: ___ / ___ ___	Sex: _____
Nationality: _____	

Thorax X-ray
Findings must be normal, statement less than 3 months old, NOT X-ray pictures
Date of X-ray: ___ / ___ ___
Result: _____

Signature (student): _____

Name in block letters: _____

Date: ___ / ___ 20 _____ Place: _____

Signature (physician): _____

Name in block letters: _____

Date: ___ / ___ 20 _____ Place: _____

Phone number: _____ Address: _____

Email: _____ Stamp: _____

Please complete and sign this form as soon as possible after your placement has been confirmed and send it by post to:

Infectious Diseases Monitoring Unit
Tartuntatautien valvonta
Luolavuorentie 2, 2nd floor, building number 1C
20700 Turku
Finland

Infectious Diseases Monitoring Unit

Methicillin-resistant Staphylococcus aureus (MRSA)

MRSA is a cause of staph infection that is difficult to treat because of resistance to some antibiotics. Staph infections (including those caused by MRSA) can spread in hospitals and other healthcare facilities, and in the community where you live, work and go to school.

An MRSA test is required for all students doing any clinical internship in Finland

You will have to do the test when you arrive to Finland, as close as possible to the start of your internship in Finland. MRSA tests taken in your home country / country of origin are NOT accepted.

Your international coordinator will inform you about the practicalities regarding the MRSA test after your arrival.

I have read the information about MRSA and understand the orders given to me.

Signature (student): _____

Name in block letters: _____

Date: ____ / ____ 20____ Place: _____