

## THE HEALTH DOCUMENTS OF NEW STUDENT

Welcome to Finland.

Finnish student health service (FSHS) is responsible of student health services in Vaasa. However, FSHS do not cover urgent medical care or secondary health care in hospitals.

Students from EU-countries should have the EU-card (the European health insurance card) from your local social security office. The EU-card gives you access to medically necessary healthcare during your stay in Finland under the same conditions and at the same cost as people insured in Finland. **For students from non-EU-countries, it is necessary to have an insurance that covers both accidents and illness.**

According to the Act of Infectious Diseases, the students of social and health care need to have an adequate protection against specific infectious diseases. We recommend that all new students make an appointment to FSHS as soon as possible they have arrived in Vaasa.

Following Laboratory tests / thorax x-ray is taken at FSHS.

- S-Hbs-Ag (Hepatitis B serum anti gene)
- S-HCV-Ab (Hepatitis C antibodies)
- S-HIV-Ab (Human immunodeficiency virus)
- S-Cardiolipin-Ab (Lues-antibodies)
- X-ray examination of the lungs (Thorax).

Please make an appointment for a health check-up as soon as possible you have arrived Vaasa. The Public Health Nurse will visit your class in the beginning of autumn and give an appointment for health check-up. If you arrive later, tell your teacher that you need an appointment or call the general number +358 467101073

The following vaccinations are obligatory for the student of health care:

- Pertussis
- MMR (Mumps=Parotitis, Measles=Morbilli, Rubella=German measles)
- Hepatitis-B
- Chickenpox

We also recommend vaccinations for

- Polio
- Tetanus
- Diphtheria

You need to bring your **Vaccination certificate (in English)** included previous vaccination (how many doses, date, month, year). If needed we will update your vaccinations for free.

You should contact FSHS when you start your studies in Vasa Novia. Make sure that you bring all medical certificates about vaccinations and if you have a long standing disease bring your medical record/ doctor's statement with you.

Best regards,

Finnish student health service

<https://www.yths.fi/en/frontpage/> (copy the link)